

Princess M. Cullum

PhD, MBA



Princess Presents

Author, Keynote Speaker,
Facilitator, and
Podcast Host



Biography

Dr. Princess M. Cullum advocates for women and assists organizations interested in maximizing the potential, power, and presence of women in the workplace.

Dr. Princess Cullum is a sought-after facilitator and speaker in the areas of Leadership Development and Women's Leadership. In addition, she is also an award-winning leadership consultant and speaker in the Healthcare and Financial Services Industries. Her confident spirit and expertise empower women to amplify their potential, power, and presence in the workplace through a framework she calls SOS (Self, Others and Systems).

Loaded with integrity and authority, Dr. Princess Cullum captivates audiences with her powerful blend of real talk, wisdom, and visionary leadership, inspiring them to level-up and move to the next stage of their careers with confidence and clarity. Through creativity and a drive to deliver results, she's a catalyst for growth and a beacon of empowerment. In short, she transforms the head, heart, and hands of her audience.

Dr. Cullum pours wisdom, living intentionally, and a challenging spirit into every one of her audiences. Her personality is that of a visionary and an advantageous leader. She ignites at the opportunity to challenge systems that are inequitable, dysfunctional, and unrelatable.

Dr. Princess Cullum travels the globe to inspire audiences in places like Europe, the Caribbean, and the United States. With more than two decades of boots on the ground experience in world-class companies such as the Center for Creative Leadership, Bank of America, and Cancer Treatment Centers of America, she is an international authority and sought-after expert and speaker in the areas of Leadership Development and Women's Leadership.

Dr. Cullum is a woman of many hats. She's a mom of three young women and a furbaby. She's a wife of 30 years to her high-school sweetheart. And, she loves to volunteer, skate, bowl, tend to her flowers, and write articles/books. Most importantly, she's a woman of faith.



Speaking Topics

Dr. Cullum is excited and ready to share her expertise on the topics mentioned below and more.

The Power of Now

Join Dr. Princess Cullum as she discusses how to seize your professional and personal "Power Now", expand your influence, and take back control of your career. As an expert in Leadership Development, specifically Women's Leadership, she focuses on how women advance their careers despite a system governed by inequitable gender norms, the double-bind dilemma, and inequalities at home. She can't wait to share her 'secret sauce' to amplify your potential, power, and presence in the workplace.

The Power of Authenticity

Are you ready to unlock the power of authenticity in your career and leadership journey?

Join Dr. Princess Cullum as she delves into the transformative role of authenticity in shaping successful careers and thriving in your personal and professional endeavors. Through her SOS (Self, Others and Systems) Framework, she shares practical strategies to career advancement and utilizing all parts of yourself to embrace your full potential!

The Power of Listening

Dr. Cullum delves into the transformative power of listening in enhancing professional and personal connections. She shares strategies for effectively listening to understand, helping her audience navigate their relationships with greater empathy and understanding .

The Power of Delegating for Development

Delegating effectively means more than "getting it off your desk. And, it isn't just telling someone what to do or assigning them tasks. Join Dr. Princess Cullum in a lively discussion around demonstrating real trust in your team and developing them to readily accept and excel at a range of challenges.

The Power of Delivering Effective Coaching and Feedback

When somebody disappoints you, fails to deliver what you expected, or lets you down in some way, what do you do? If you're like most people, you make assumptions that are usually not positive. And then you act. In this conversation, Dr. Princess Cullum shares how to reduce your fear of giving feedback, provide bi-direction feedback, and navigate beyond your bias.

Media & Publications

The Fine Print Podcast

Dr. Princess Cullum launched The Fine Print Podcast to engage individuals interested in exploring pivotal topics relevant to career advancement and personal growth. This candid podcast explores the nuanced intricacies of professional and personal life that many women, especially women of color, may not have had access to or guidance on from their social circles or educational institutions. These subtle yet essential aspects are often acquired through solitary reflection and navigating through challenging experiences. Fortunately, The Fine Print Podcast offers a community of accomplished, diverse, and insightful women who offer support and solidarity in navigating these challenges. The podcast's audience continues to expand, welcoming new listeners to benefit from its enduring advantages in career advancement and personal growth for women in all aspects of their lives.

PODCAST TOPICS

Relationships & Networking
Health & Wellness
Authenticity in Life
Confidence & Awareness

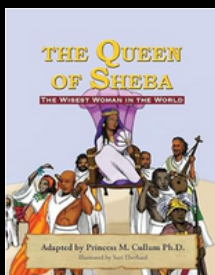


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Living All Out, 2023

In a world of individualism and privacy, there was a need for unity and transparency. Dr. Cullum filled this need through her collaboration with 19 other incredible entrepreneurs providing their own accounts of challenges and victories to living without restriction.

As a collaborator of this life changing book titled *Living All Out*, Dr. Cullum shares her intimate testimony of slaying past barriers which thrust her into becoming the CEO of her own life. Within her chapter titled “The Divine House”, the reader collects empowerment, insight into the mind of a true CEO, and most more importantly a personal invite to join the CEO of You® Academy.



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The Queen of Sheba, 2016

Dr. Cullum’s adaption of this classic and historical account of the Queen Sheba brings truth and excitement to children readers. As a dedication to her family, daughters Samori, Samone, and Samaya along with her husband Lemar, Dr. Cullum allows her audience into her softer side as her faith and family roots become visible throughout the text. The decision to write and publish this children’s book is a clear indication of her versatility as an author and communicator.



Clients and Testimonials

FORV/S

 **Northwestern Mutual**

 **City of Hope**

Maven

“Princess led the creation and deployment of several targeted leadership development courses that facilitated a uniform culture amongst the organization. She is organized, efficient and reliable. In addition, her ability to understand and interact with her fellow stakeholders at a truly personal level is commendable and a unique skill not possessed by many others in her field. She is open to feedback and learns from those opportunities to become a stronger individual and leader.”

Sarah Lees, *MS, MEd, MHA*, Patient Agent

“The ability to listen and understand with confidence to create a safe space for dialogue and exploration are skills that I admire in Princess Cullum. She created a leadership presence that opened the facilitation of leadership development programs to new areas for every leader to examine, discuss, and then adapt for their development needs. She is a master facilitator that draws out colliding perspectives to create reflective growth and discussion.

Similarly, she coaches with a patience and professionalism that is definable and admirable. She coaches to create connection, challenge, and support, creating the right mix of energy and quiet for the coached leader. I endorse Princess as a leader in her field and a former colleague who enhanced my skills with selfless passion to improve the organization.”

Chris Beckert, Mentor Executive Learning & Development, Strengthening Organi, Performance & Results
Board Member, Strategic Advisor

CONNECT WITH *Princess*



www.ceofyou.com

Through the website, you can start a personal chat, email, read about the services offered.



www.linkedin.com/in/princesscullum

By visiting my LinkedIn Profile, you can connect with me through a personal message, a personal message, and engage with my thought provoking posts.



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